

Educational Materials

Health Tips

OHP Information

View All Client Resources

View All Provider Resources



Helpful Tools

Department of Human Services

Get information on abuse/neglect, children's healthcare coverage, applying for food stamps and more...

Rights & Responsibilities

Derechos y Responsabilidades

Oregon Health Plan Customer Service: **1-800-699-9075**

Client Resources:

- [Free Online Arthritis Workshop](#)
- [Community Mental Health Programs](#)
- [OHA Public Health CD Summary Newsletter](#)
- [Addictions and Mental Health Services \(State of Oregon\)](#)
- [Addictions and Mental Health Services List](#)
- [Oregon Health Authority Public Health Website including map of counties and crisis numbers.](#)
- [Find 211 Resources in Your Region](#)
- [Oregon Health Plan Information for Clients](#)
- [Oregon Public Health from A-Z - Get the Facts](#)
- [State of Oregon department of human services
Departamento de Recursos Humanos de Oregon](#)
- [Oregon SafeNet
SafeNet de Oregon](#)
- [Project Access Now](#)
- [Oregon Helps
Oregon Ayuda](#)
- [Asthma Resource: Breathe Well, Live Well](#)
- [Diabetes Resource: Diabetes Prevention and Control](#)
- [Tobacco Cessation](#)
- [Oregon Tobacco Quit Line for Fee-For-Service](#)
- [Body Mass Index Calculator](#)
- [Health Games](#)

 **Nurse Advice Line:**
1-800-562-4620

Talk to a nurse any time you have a question.

Day or night, ask a nurse:

- To help you understand what a doctor told you.
- If your child needs to go to the emergency room?

 **Client Services:**
1-800-273-0557

 **Pharmacy Services:**
1-888-202-2126

 **In-State Prior Auth Line:**
1-800-642-8635

 **Provider Services:**
1-800-336-6016

 **Benefit Reimbursement:**
1-800-393-9855

Provider Resources

- [Find 211 Resources in Your Region](#)
- [Providers, Update Your 211 Information](#)
- [OHA Public Health CD Summary Newsletter](#)
- [State of Oregon Department of Human Services](#)
- [Oregon Health Policy Board \(Oregon Health Reform, CCO's & PCPCH\)](#)
- [Oregon Health Plan Prioritized List of Covered Services](#)
- [APS Healthcare](#)
- [Oregon Medical Association](#)
- [Oregon Association of Hospitals and Health Systems](#)
- [Oregon Group Medical Management Association](#)
- [Oregon Primary Care Association](#)
- [Oregon Academy of Family Physicians](#)
- [Oregon Pediatric Society](#)
- [Oregon Public Health from A-Z - Get the Facts](#)
- [Oregon Tobacco Quit Line for Fee-For-Service](#)